Gymnase	Semaine 45						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	02/11/26	03/11/26	04/11/26	05/11/26	06/11/26	07/11/26	08/11/26
08:00							
08:15							
08:30							
08:45							
09:00	ECOLE 9h-11h00		EPIC 9h-16h45				
09:15							
09:30							
09:45							
10:00				ECOLE 10h-11h30	ECOLE 10h-11h30	FOOT 9h00-12h00	ASBD 10h-12h
10:15							
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00		EPIC 12h-13h30		EPIC 12h-13h30			
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45			USEP - RENCONTRE DE 13h30 à 16h30				
14:00							
14:15	ECOLE 14h-16h			ECOLE 14h-16h	ECOLE 14h-16h	FOOT si intempérie 14h00-17h00	
14:30							
14:45		MENAGE 14h-16h					
15:00							
15:15							
15:30							
15:45							
16:00							
16:15							
16:30	EPIC 16h30-20h	EPIC 16h30-19h00		EPIC 16h30-20h			
16:45							
17:00							
17:15							
17:30			ASBD petits 17h30-18h30				
17:45							
18:00							
18:15							
18:30							
18:45			ASBD Adultes 18h30-20h30				
19:00							
19:15	CAF 18h30-22h	HandFauteuil 19h-21h			CAF 19h-22h	DSL 17h-20h	
19:30							
19:45							
20:00							
20:15							
20:30				DSL 20h-23h			
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							

Gymnase	Semaine 46						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	09/11/26	10/11/26	11/11/26	12/11/26	13/11/26	14/11/26	15/11/26
08:00							
08:15							
08:30							
08:45							
09:00	ECOLE 9h-11h00		EPIC 9h-16h45				
09:15							
09:30							
09:45							
10:00				ECOLE 10h-11h30	ECOLE 10h-11h30	FOOT 9h00-12h00	ASBD 10h-12h
10:15							
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00		EPIC 12h-13h30		EPIC 12h-13h30			
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15	ECOLE 14h-16h			ECOLE 14h-16h	ECOLE 14h-16h	FOOT si intempérie 14h00-17h00	
14:30							
14:45		MENAGE 14h-16h					
15:00							
15:15							
15:30							
15:45							
16:00							
16:15							
16:30	EPIC 16h30-20h	EPIC 16h30-19h00		EPIC 16h30-20h			
16:45							
17:00							
17:15							
17:30			ASBD petits 17h30-18h30				
17:45							
18:00							
18:15							
18:30							
18:45			ASBD Adultes 18h30-20h30				
19:00							
19:15	CAF 18h30-22h	HandFauteuil 19h-21h			CAF 19h-22h	DSL 17h-20h	
19:30							
19:45							
20:00							
20:15							
20:30				DSL 20h-23h			
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							

Gymnase	Semaine 47						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	16/11/26	17/11/26	18/11/26	19/11/26	20/11/26	21/11/26	22/11/26
08:00							
08:15							
08:30							
08:45							
09:00	ECOLE 9h-11h00		EPIC 9h-16h45				
09:15							
09:30							
09:45							
10:00				ECOLE 10h-11h30	ECOLE 10h-11h30	FOOT 9h00-12h00	ASBD 10h-12h
10:15							
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00		EPIC 12h-13h30		EPIC 12h-13h30			
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45			UNSS - SAINT PIERRE EGLISE 13h30 à				
14:00							
14:15	ECOLE 14h-16h			ECOLE 14h-16h	ECOLE 14h-16h	FOOT si intempérie 14h00-17h00	
14:30							
14:45		MENAGE 14h-16h					
15:00							
15:15							
15:30							
15:45							
16:00							
16:15							
16:30	EPIC 16h30-20h	EPIC 16h30-19h00		EPIC 16h30-20h			
16:45							
17:00							
17:15							
17:30			ASBD petits 17h30-18h30				
17:45							
18:00							
18:15							
18:30							
18:45			ASBD Adultes 18h30-20h30				
19:00							
19:15	CAF 18h30-22h	HandFauteuil 19h-21h			CAF 19h-22h	DSL 17h-20h	
19:30							
19:45							
20:00							
20:15							
20:30				DSL 20h-23h			
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							

Gymnase	Semaine 48						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	23/11/26	24/11/26	25/11/26	26/11/26	27/11/26	28/11/26	29/11/26
08:00							
08:15							
08:30							
08:45							
09:00	ECOLE 9h-11h00		EPIC 9h-16h45				
09:15							
09:30							
09:45							
10:00				ECOLE 10h-11h30	ECOLE 10h-11h30	FOOT 9h00-12h00	ASBD 10h-12h
10:15							
10:30							
10:45							
11:00							
11:15							
11:30							
11:45							
12:00		EPIC 12h-13h30		EPIC 12h-13h30			
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15	ECOLE 14h-16h			ECOLE 14h-16h	ECOLE 14h-16h	FOOT si intempérie 14h00-17h00	
14:30							
14:45		MENAGE 14h-16h					
15:00							
15:15							
15:30							
15:45							
16:00							
16:15							
16:30	EPIC 16h30-20h	EPIC 16h30-19h00		EPIC 16h30-20h			
16:45							
17:00							
17:15							
17:30			ASBD petits 17h30-18h30				
17:45							
18:00							
18:15							
18:30							
18:45			ASBD Adultes 18h30-20h30				
19:00							
19:15	CAF 18h30-22h	HandFauteuil 19h-21h			CAF 19h-22h	DSL 17h-20h	
19:30							
19:45							
20:00							
20:15							
20:30				DSL 20h-23h			
20:45							
21:00							
21:15							
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							

Salle multi-activités	Semaine 45						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	02/11/26	03/11/26	04/11/26	05/11/26	06/11/26	07/11/26	08/11/26
08:00							
08:15							
08:30							
08:45		Active Gym 8h45-9h45					
09:00							
09:15							
09:30	CLT - Sport Ordonnance 9h30-13h00		Country débutant 9h45-10h30				
09:45							
10:00		Pilates 9h45-10h45					
10:15							
10:30							
10:45			Country déb+/novice 10h45-11h45				
11:00		GymDouce 10h45-11h45					
11:15							
11:30							
11:45							
12:00			Country Inter 11h50-12h50				
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00			USEP 14h00-17h00				
14:15							
14:30							
14:45							
15:00		PAD 14h30-17h30					
15:15							
15:30							
15:45							
16:00							
16:15							
16:30							
16:45	Qi Gong 16h45-18h		Pilates 16h45-17h45				
17:00							
17:15							
17:30							
17:45							
18:00	ActivGym 18h-19h	Pilates 18h-19h	ActivGym 18h-19h				
18:15							
18:30							
18:45							
19:00				Country Afterwork 19h00-21h00 - 1 sem/ 2			
19:15	Pilates 19h10-20h10	Country débutant 19h15-20h00	ActivGym 19h10-20h10				
19:30							
19:45							
20:00		Country déb+/novice 20h00-20h45					
20:15							
20:30							
20:45							
21:00							
21:15		Country Inter 20h45-21h45					
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							

Salle multi-activités	Semaine 46						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	09/11/26	10/11/26	11/11/26	12/11/26	13/11/26	14/11/26	15/11/26
08:00							
08:15							
08:30							
08:45		Active Gym 8h45-9h45					
09:00							
09:15							
09:30	CLT - Sport Ordonnance 9h30-13h00		Country débutant 9h45-10h30				
09:45							
10:00		Pilates 9h45-10h45					
10:15							
10:30							
10:45			Country déb+/novice 10h45-11h45				
11:00		GymDouce 10h45-11h45					
11:15							
11:30							
11:45							
12:00			Country Inter 11h50-12h50				
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15							
14:30							
14:45							
15:00		PAD 14h30-17h30					
15:15							
15:30							
15:45							
16:00							
16:15							
16:30							
16:45	Qi Gong 16h45-18h		Pilates 16h45-17h45				
17:00							
17:15							
17:30							
17:45							
18:00	ActivGym 18h-19h	Pilates 18h-19h	ActivGym 18h-19h				
18:15							
18:30							
18:45							
19:00				ALMA Connexion 19h-21h			
19:15	Pilates 19h10-20h10	Country débutant 19h15-20h00	ActivGym 19h10-20h10				
19:30							
19:45							
20:00		Country déb+/novice 20h00-20h45					
20:15							
20:30							
20:45							
21:00							
21:15		Country Inter 20h45-21h45					
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							

Salle multi-activités	Semaine 47						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	16/11/26	17/11/26	18/11/26	19/11/26	20/11/26	21/11/26	22/11/26
08:00							
08:15							
08:30							
08:45		Active Gym 8h45-9h45					
09:00							
09:15							
09:30	CLT - Sport Ordonnance 9h30-13h00		Country débutant 9h45-10h30				
09:45							
10:00		Pilates 9h45-10h45					
10:15							
10:30							
10:45			Country déb+/novice 10h45-11h45				
11:00		GymDouce 10h45-11h45					
11:15							
11:30							
11:45							
12:00			Country Inter 11h50-12h50				
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15							
14:30							
14:45							
15:00		PAD 14h30-17h30					
15:15							
15:30							
15:45							
16:00							
16:15							
16:30							
16:45	Qi Gong 16h45-18h		Pilates 16h45-17h45				
17:00							
17:15							
17:30							
17:45							
18:00	ActivGym 18h-19h	Pilates 18h-19h	ActivGym 18h-19h				
18:15							
18:30							
18:45							
19:00				Country Afterwork 19h00-21h00 - 1 sem/ 2			
19:15	Pilates 19h10-20h10	Country débutant 19h15-20h00	ActivGym 19h10-20h10				
19:30							
19:45							
20:00		Country déb+/novice 20h00-20h45					
20:15							
20:30							
20:45							
21:00							
21:15		Country Inter 20h45-21h45					
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							

Salle multi-activités	Semaine 48						
	lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
	23/11/26	24/11/26	25/11/26	26/11/26	27/11/26	28/11/26	29/11/26
08:00							
08:15							
08:30							
08:45		Active Gym 8h45-9h45					
09:00							
09:15							
09:30	CLT - Sport Ordonnance 9h30-13h00		Country débutant 9h45-10h30				
09:45							
10:00		Pilates 9h45-10h45					
10:15							
10:30							
10:45			Country déb+/novice 10h45-11h45				
11:00		GymDouce 10h45-11h45					
11:15							
11:30							
11:45							
12:00			Country Inter 11h50-12h50				
12:15							
12:30							
12:45							
13:00							
13:15							
13:30							
13:45							
14:00							
14:15							
14:30							
14:45							
15:00		PAD 14h30-17h30					
15:15							
15:30							
15:45							
16:00							
16:15							
16:30							
16:45	Qi Gong 16h45-18h		Pilates 16h45-17h45				
17:00							
17:15							
17:30							
17:45							
18:00	ActivGym 18h-19h	Pilates 18h-19h	ActivGym 18h-19h				
18:15							
18:30							
18:45							
19:00				ALMA Connexion 19h-21h			
19:15	Pilates 19h10-20h10	Country débutant 19h15-20h00	ActivGym 19h10-20h10				
19:30							
19:45							
20:00		Country déb+/novice 20h00-20h45					
20:15							
20:30							
20:45							
21:00							
21:15		Country Inter 20h45-21h45					
21:30							
21:45							
22:00							
22:15							
22:30							
22:45							
23:00							